



**Soaring Spirits Loss Foundation
National Conference on Widowhood
San Diego, California
July 17-19, 2009**

“Celebrating all we have accomplished as we look forward to what we have yet to become.”

Laurie-Ann Weis Author of *The After Journey: Getting Through the First Year* and *The Water Dance: Finding Joy Again and Again Amid Life’s Hardest Lessons*

Finding Joy Again Amid Life’s Hardest Lessons

Are you afraid of the concept of joy? Do you wonder how someone who has lost their soul mate can embrace life completely once again? Laurie-Ann Weis, a psychologist, board certified therapist and a widow of ten years, will explore these questions as she walks you through her personal quest to rediscover a life of purpose, and to make room in her life for love, romance, a meaningful new relationship—and finally, joy after the sudden death of the man she loved. Join Laurie-Ann for an uplifting, fun-filled, and disarmingly honest workshop that will provide you with tools for finding a “new normal” and a different kind of joy.